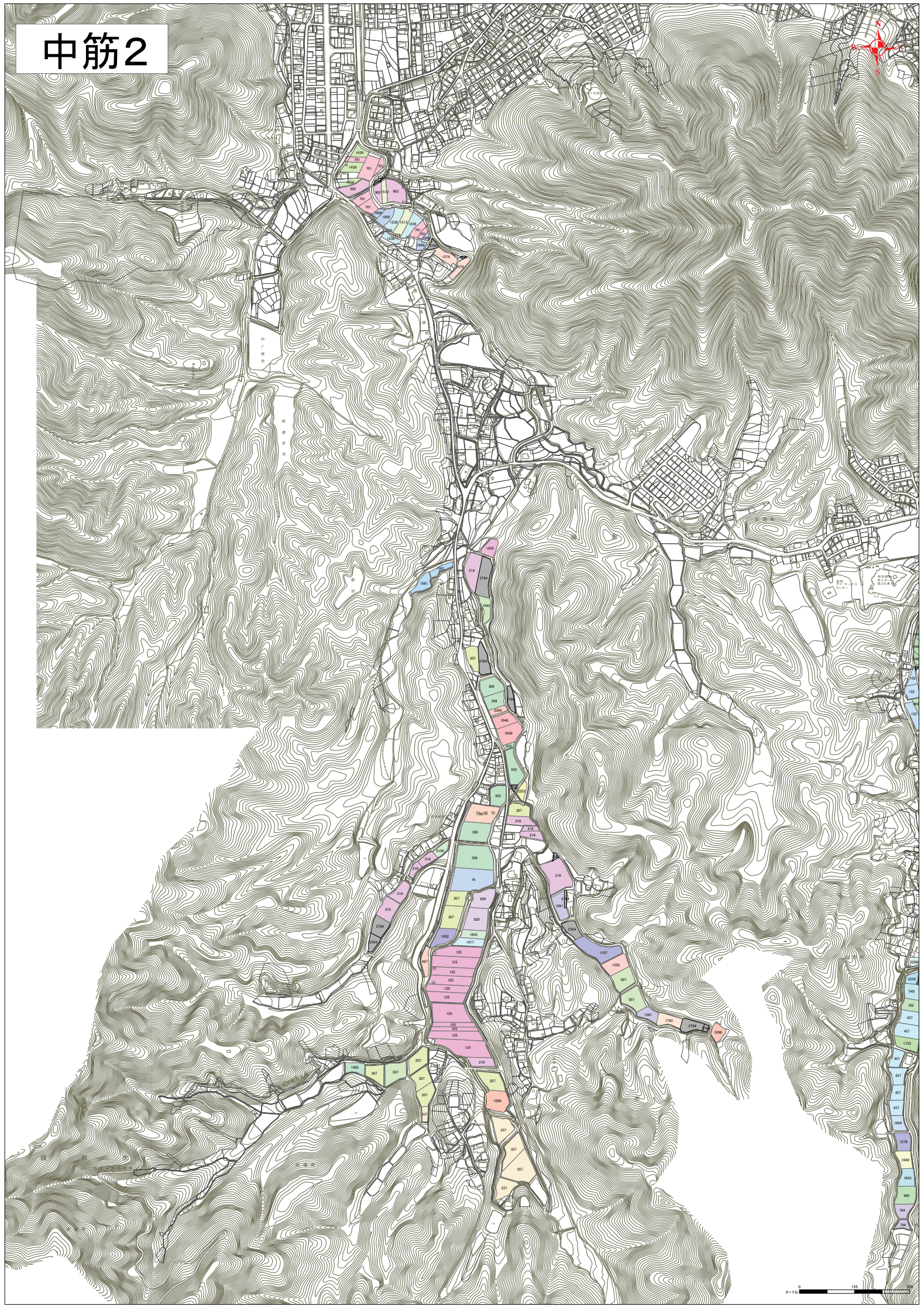中筋2